SUSTAINABLE HAPPINESS

Would you like to be in control of your happiness level at all times?

Can you imagine yourself even tempered and internally at peace?

How about feeling self-confident and full of self esteem?

All of this is possible. Come join us for a program on how to sustain your happiness and learn how you can achieve all of the above. We have tools that are state of the art, lasting and easy to incorporate.

You will learn and experience an exciting mind/body technique that eliminates limiting beliefs. The Life Enrichment Process (LEP) identifies subconscious decisions that are hindering your pathways to your goals and your happiness. When you change your thinking, you change your life.

You will experience the Life Enrichment Process (LEP), understand your behavioral style and learn some creative techniques allowing you to create sustainable happiness on an ongoing basis.

When: **Friday, October 24, 2014 from 9:00 am to 3:30 pm**

Where: **4 Wellingborough Court, South Barrington, IL**

Investment: **$249 (includes lunch)**

Dress: **Comfortable attire**

Contact: **Barbara Parsons at barbaraparsons401@gmail.com or call 847 387-4119**

Name:_____

Address:_____

Phone:_____

Email:_____